Reinaldo Contreras is a former social and political activist during the civil war in El Salvador. (1981-1986). He was exiled to Canada after arrested, tortured, imprisoned and released from prison. (1987) He received a Diploma in Journalism from SAIT, Calgary in 1994. He was the Publisher/Editor of El Latino Newspaper of Alberta from 1994 to 2002. He is a former NDP MLA candidate for Calgary Cross (2012). He is currently completing a BA in Urban and Inner City Studies at the University of Winnipeg.